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Recreation and Parks Month



Each year the month of June is recognized as Recreation and Parks Month #JRPM in New Tecumseth, a movement that promotes the benefits of recreation and parks for physical, social, and environmental health. Access to parks and recreation is a fundamental human need that helps foster personal health, strong communities, and social inclusion. #JRPM celebrates Ontario's spectacular parks and recreation services and raises awareness for the role they play as a pathway to individual, community, and environmental well-being.

The Town of New Tecumseth has over 70 hectares of parkland available for you to visit and enjoy, including the Tottenham Conservation Area which is now open to the public for daytime use only or the Trans Canada Trail which celebrates the beauty of New Tecumseth, where you can enjoy several activities such as walking and biking.

On behalf of Council, the month of June has been proclaimed as Recreation and Park Month in the Town of New Tecumseth, and I encourage everyone to get out and explore the variety of recreation and parks systems we have in the Town that provides countless recreational opportunities for residents and visitors. I would encourage you all to also visit the Town of New Tecumseth's YouTube channel and our [Virtual Recreation](#) playlist for a list of virtual fitness and family oriented activities that you can participate in to celebrate Recreation and Park Month. Be sure to subscribe and check back often as new online programming is being added regularly.

I would like to remind everyone, **Let's work together to stay apart**, together, we can slow the spread of COVID-19 by making a conscious effort to keep a physical distance of at least 2 meters or 6 feet between each other. Physical distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak. With patience and cooperation, we can all do our part. #WeAreAllInThisTogether.



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