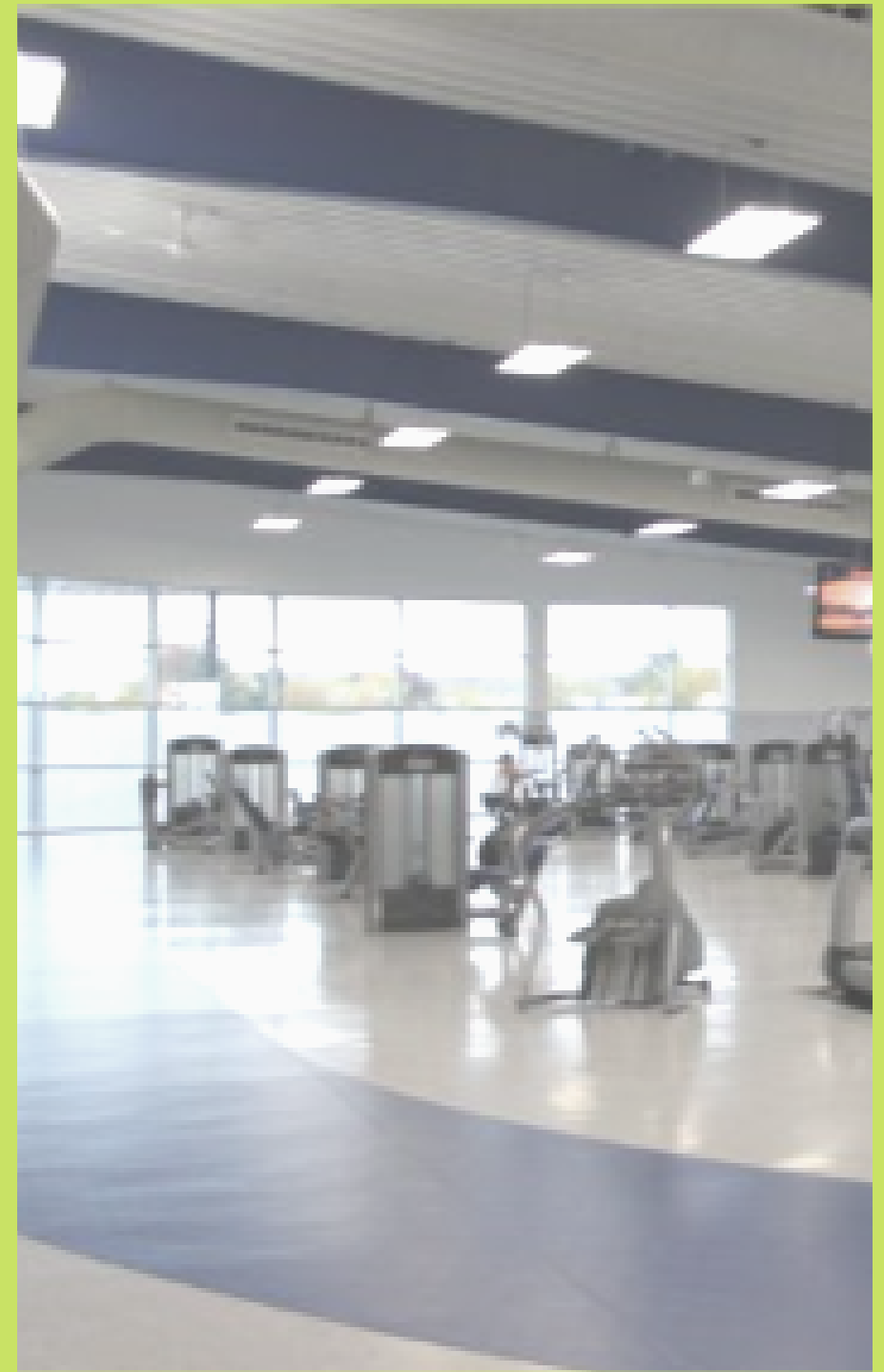


TOWN OF NEW TECUMSETH

make time to play



Did you know?
Just 30 minutes of walking every day can increase cardiovascular fitness, strengthen bones, reduce excess body fat, and boost muscle power and endurance.



WALKING TRACK

Annual passes \$5.72 plus HST resident fee
Drop In \$1.05 per visit

NEW TECUMSETH RECREATION CENTRE

7300 Industrial Parkway, Alliston ON L9R 1V4

Monday-Wednesday 6am-3pm, Thursday 6am-12pm Friday 6am-12pm or 1pm-3pm

TOTTENHAM COMMUNITY & FITNESS CENTRE

139 Queen street North, Tottenham ON L0G 1W0

Monday-Friday 6am-10pm, Saturday/Sunday 7am-7pm

Please note walking track pass does not include use of fitness equipment.

