

# Notice



While we make every attempt to avoid disruptions to regular scheduled programming, they do happen. If the indoor track at the New Tecumseth Recreation Centre is closed, your track pass and fitness membership also grant you entry to the indoor track at the Tottenham location.

Please be aware of the following changes to regular programming during the month of September.

## Tottenham Community & Fitness Centre (TCFC) 139 Queen Street North, Tottenham

### **All gymnasium drop-in and registered programs are cancelled on:**

- Wednesday, September 11th (between 4pm-8pm)
- Saturday, September 14<sup>th</sup> (between 9:30am-3:30pm)
- Wednesday, September 18<sup>th</sup> (between 9am-5pm and 8pm-9:30pm)
- Saturday, September 21<sup>st</sup> (between 7am-5:30pm)

### **All Multipurpose Room 1 drop-in and registered programs are cancelled on:**

- Monday, September 9th (between 9am-1pm)
- Saturday, September 21st (between 6-7pm)
- Friday, September 27th (between 8am-5pm)

### **All Multipurpose Room 2 drop-in and registered programs are cancelled on:**

- Wednesday September 11th (between 4pm -8pm)

## Alliston Memorial Arena (AMA) 49 Nelson St. W, Alliston

### **Cancelled fitness classes (AMA):**

- Thursday September 26<sup>th</sup> - Circuit Training (8:30am)
- Thursday September 26th - Completely Fit (9:30am)
- Thursday September 26th - Fit for Life (10:45am)
- Thursday September 26th - Gentle Fitness (11:45am)
- Thursday September 26th - Hatha Flow Yoga (6:45pm)
- Thursday September 26th - Zumba (8pm)