



**The Council of the Corporation of the
Town of New Tecumseth
does hereby proclaim**

May 2 - 8, 2022

Mental Health Week
In the Town of New Tecumseth

WHEREAS; this year marks the 71st anniversary of Mental Health Week, which seeks to raise awareness about the importance of good mental health.

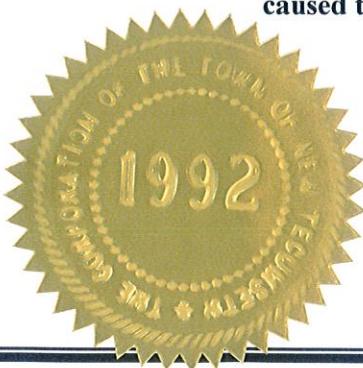
WHEREAS; Every year, one in five Canadians experience mental health challenges or illness. The pandemic has heightened mental health challenges and has taken a toll on our mental health and well-being. Forty percent of Canadians have said that their mental health has deteriorated since the onset of the pandemic.

WHEREAS; The theme of this year's Mental Health Week encourages us bring empathy alive with the people in your life. Be there, listen completely, and see the world through their eyes. It's how to really help. #GetReal.

WHEREAS; The Town of New Tecumseth is committed to continuous improvement in workplace mental health and well-being. Organizations, workplaces and individuals are encouraged to raise awareness about mental health issues affecting Canadians.

THEREFORE, BE IT RESOLVED; that May 2 - 8, 2022, be designated as Mental Health Week in the Town of New Tecumseth.

**In Witness Whereof, I have hereunto set my hand and
caused the seal of the Corporation to be affixed this
1st day of May 2022**



Mayor Rick Milne