



**The Council of the Corporation of the
Town of New Tecumseth
does hereby proclaim**

May 2 - 8, 2022

Children's Mental Health Week

In the Town of New Tecumseth

WHEREAS; this week which seeks to raise awareness about the importance of good mental health for children and youth.

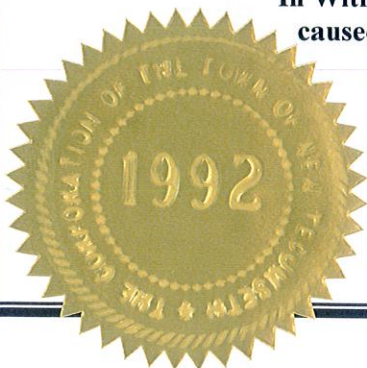
WHEREAS; We all have mental health. Some people may have mental health problems. In fact, up to 1 in 4 of us will experience mental health problems at some time in our lives.

WHEREAS; During Children's Mental Health Week 2022, we can take some time to focus on mental health. Encourage children to think of how they can best look after their own mental health and how they can support family or friends with their mental health too.

WHEREAS; The Town of New Tecumseth encourage everyone to participate by wearing the colour green, taking part in an outdoor physical activity to support mental wellness #CMHW2022 #shinegreen #kidscantwait. The colour green is used to celebrate child and youth mental health as it represents hope, growth, and transformation.

THEREFORE, BE IT RESOLVED; that May 2 - 8, 2022, be designated as Children's Mental Health Week in the Town of New Tecumseth.

**In Witness Whereof, I have hereunto set my hand and
caused the seal of the Corporation to be affixed this
1st day of May 2022**



Mayor Rick Milne