



**THE COUNCIL OF THE CORPORATION OF THE  
TOWN OF NEW TECUMSETH DOES HEREBY  
PROCLAIM**

***May 04, 2022***

**World Maternal Mental  
Health Day**

**IN THE TOWN OF NEW TECUMSETH**

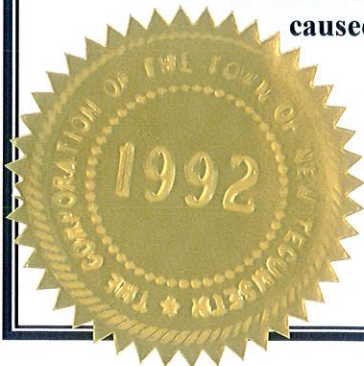
**WHEREAS;** as many as 1 in 5 new mothers experiences some type of perinatal mood and anxiety disorder (PMADs), often with tragic and long-term consequences to both mother and child; and


**WHEREAS;** this day recognized that women of every culture, age, income level and race can develop perinatal mood and anxiety disorders with symptoms appearing any time during pregnancy and the first 12 months after childbirth; and

**WHEREAS;** Increasing awareness will drive social change with a goal toward improving the quality of care for women experiencing all types of PMADs, and reducing the stigma of maternal mental illness; and

**THEREFORE, BE IT RESOLVED;** that May 04, 2022, be designated World Maternal Mental Health Day, to encourage all to ask new moms how they are really feeling and encourage them to seek help if needed.

**IN WITNESS WHEREOF, I have hereunto set my hand and  
caused the seal of the Corporation to be affixed this  
4<sup>th</sup> day of May 2022.**



Mayor   
Rick Milne