



***THE COUNCIL OF THE CORPORATION OF THE
TOWN OF NEW TECUMSETH DOES HEREBY
PROCLAIM***

May 03 - 10, 2020

***World Maternal Mental
Health Week***

IN THE TOWN OF NEW TECUMSETH

WHEREAS; as many as 1 in 5 new mothers experiences some type of perinatal mood and anxiety disorder (PMADs), often with tragic and long-term consequences to both mother and child; and

WHEREAS; this day recognized that women of every culture, age, income level and race can develop perinatal mood and anxiety disorders with symptoms appearing any time during pregnancy and the first 12 months after childbirth; and

WHEREAS; Increasing awareness will drive social change with a goal toward improving the quality of care for women experiencing all types of PMADs, and reducing the stigma of maternal mental illness; and

THEREFORE, BE IT RESOLVED; that May 03 - 10, 2020 be designated World Maternal Mental Health Week, to encourage all to ask new moms how they are really feeling and encourage them to seek help if needed.

**IN WITNESS WHEREOF, I have hereunto set my hand and
caused the seal of the Corporation to be affixed this
1st day of May 2020.**



Mayor 
Rick Milne